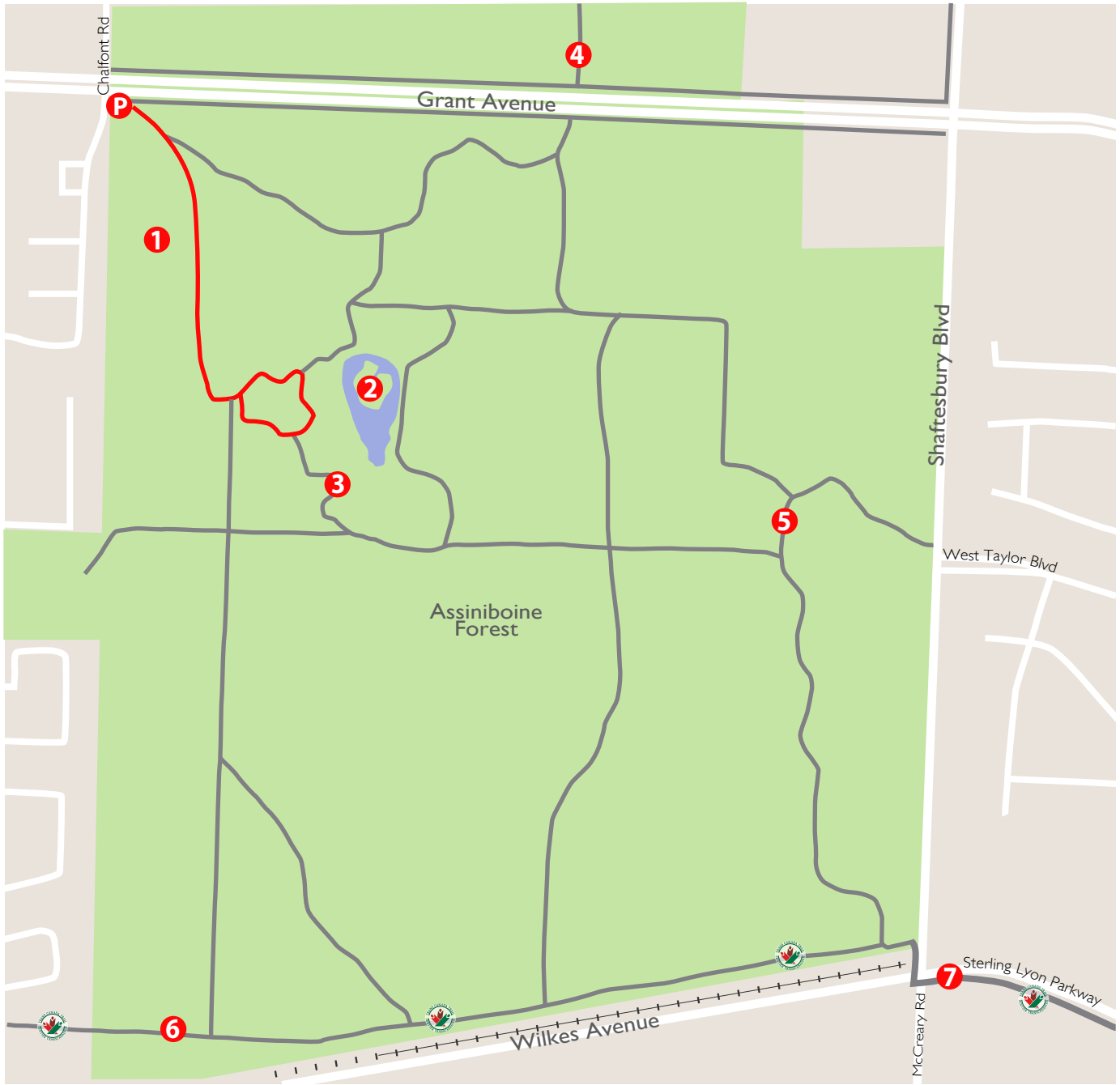



Sagimay Trail - 0.9 km



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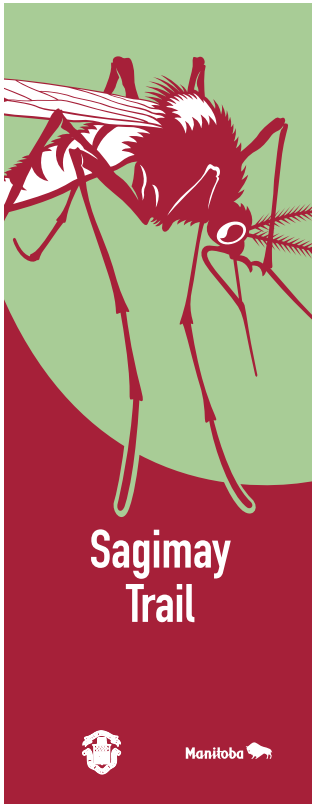
Legend

- trail route
- other trails
-  Trans Canada Trail
- park / open space
- P parking

Points of Interest

- 1 Prairie Meadow
- 2 Eve Werier Memorial Pond
- 3 Charleswood Rotary Boardwalk
- 4 Trail to Assiniboine Park
- 5 Preston Trail
- 6 Harte Trail
- 7 Thundering Bison Trail





Sagimay Trail - 0.9 km

The Sagimay Trail was constructed in 1981, and its name originates from the Cree word meaning mosquito, however, a walk along the Sagimay Trail provides an opportunity to observe many types of wildlife including birds, deer, and other small mammals. During the spring, the trail comes alive with the songs of migratory birds. At the southeast end of the trail, an observation mound overlooks the Eve Werier Memorial Pond – a perfect place to look for waterfowl and other wetland creatures. The Sagimay Trail also offers up linkages to 6 km of wood-chipped trails in Assiniboine Forest, which in turn provide access to the new crushed limestone Preston Trail, and the Harte Trail that runs along the south edge of the Forest.

Fast Facts

- **asphalt surface**
- **0.9 km route length**
- **Parking**
 - Assiniboine Forest main entrance parking lot on Grant Avenue at Chalfont Rd.

Points of Interest

- 1 **Prairie meadow** - This large meadow provides an example of prairie habitat, including tall grass prairie species such as Big Bluestem and Prairie Sage.
- 2 **Eve Werier Pond** - This pond supplies water for wild life and waterfowl, and with this water source, deer can be saved from crossing busy streets to reach the Assiniboine River. Early mornings or at dusk you may come upon deer drinking at water's edge or see a flock of ducks feeding on wetland plants.
- 3 **Charleswood Rotary Boardwalk** - constructed by the Charleswood Rotary Club in 2002.
- 4 **Trail to Assiniboine Park** - This asphalt pathway continues on to Assiniboine Park, Assiniboine Zoo and other area features.
- 5 **Preston Trail** - Named after the Preston family that once resided where Assiniboine Forest is now, the trail has been designed to minimize ecological impacts, while providing an interesting and scenic route through this natural heritage area.
- 6 **Harte Trail** - Built on a unused rail bed, the 6.5 km Harte Trail is part of the Trans Canada Trail system.
- 7 **Thundering Bison Trail** - provides a key link to FortWhyte Alive nature centre.



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Additional information on Winnipeg trails and the Trans Canada Trail: www.WinnipegTrails.com or 'Winnipeg Walks' by The Prairie Pathfinders, a Canadian best selling guide highlighting 38 walks in Winnipeg and surrounding parks - www.PrairiePathfinders.mb.ca

