



TENT ONE

Location: Fruit Orchard

Northwest side of Bishop Grandin Boulevard
& St. Mary's Road

Parking: Hydro sub station

Northwest corner of Bishop Grandin
& St. Mary's

St. Vital History

Experience Métis craft and historic artefacts with a bilingual costumed interpreter from Riel House National Historic Site of Canada, located only a short distance away from Bishop Grandin Boulevard.

PEG CITY Disc Dogz 9:30–10:30

Meet a group of dog lovers, who enjoy playing Frisbee with their dogs. Whether out for fun or preparing for competition, discover how you can train your ol' dog some new tricks. Great fun and exercise for both you and your dog.

www.pegcitydiscdogz.com

Plum Blossom Martial Arts Academy 9:00–11:00

The Academy invites you to come out and watch them train, or drop in and try a free beginner Tai Chi or our Kung Fu class. Open to adults & kids.

No experience necessary! See you on the "Hill"!

www.choylifut.ca

Thank you

Coffee courtesy of Starbucks, Chapter's Store and St. Vital Mall; water donated by Sobey's Youville for the tents.

ABOUT BISHOP GRANDIN GREENWAY

Bishop Grandin Greenway is focused on creating, enhancing and conserving an accessible network of natural areas and public pathways that link and support both human and wildlife communities along Bishop Grandin Boulevard between the Seine and Red Rivers.

TENT TWO

Location: Community Garden's

Northeast side of Bishop Grandin Blvd & Dakota, walk approximately .2 km east on Bishop Grandin Greenway

Parking: Dakota High School or Hydro sub station Northwest corner Dakota & Bishop Grandin

Container Gardening

What can you grow in a Container? Join Lenore and Val from the St. Vital Agricultural Society as they demonstrate planting a variety of flowers and vegetables and share tips on practical and creative aspects of container gardening.

Wildflower Walkabout 9:30–10:30

Step off the beaten path to see nature's wildflowers on the Greenway. Learn how to identify flowering plants and how these plants were used for medicine and food by the Cree and Ojibwa people in historic times. Visit the Monarch Way Station established by the students of Victor Major School and how these sites all across North America help to conserve the ancient Migration of the Monarch Butterfly.

Frontier College Interactive Reading Tent

Kids of all ages can try fun, active group reading games designed to get kids involved and laughing. Try some puzzles or follow the clues for word searches.

www.frontiercollege.ca

TENT THREE

Location: Pond #3

North side of Bishop Grandin Greenway, West of St. Anne's Road

Parking: Home Depot parking lot

Bird House Building and Other Crafts

Suitable for children 4–12. (some of the crafts do involve tools so younger children may need parental assistance). *FREE kits and instruction courtesy of Home Depot.*

Life in the Pond 10:00–11:00

Come help us to discover what kinds of interesting "critters" are living in the ponds along the greenway. What other animals are attracted to the ponds? Together we will investigate these "home" systems where life is so plentiful.

Peg City Trails 9:30–10:30

Bike Trials riding is an extreme test of bike handling skills. Peg City Trials is a group of highly skilled, advanced mountain bike riders who use their skills as a tool to promote safe and healthy living through demonstrations and workshops.

Urban Poling

Urban poling—a combination of lower body walking with the upper body technique akin to cross country skiing—is an ideal exercise for people of all ages and fitness levels. Master Urban Poling Trainer, Sharon Couldwell will share her knowledge and let you try this exciting new activity.

www.urbanpoling.com



BISHOP GRANDIN GREENWAY

Or e-mail us:

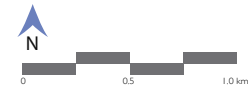
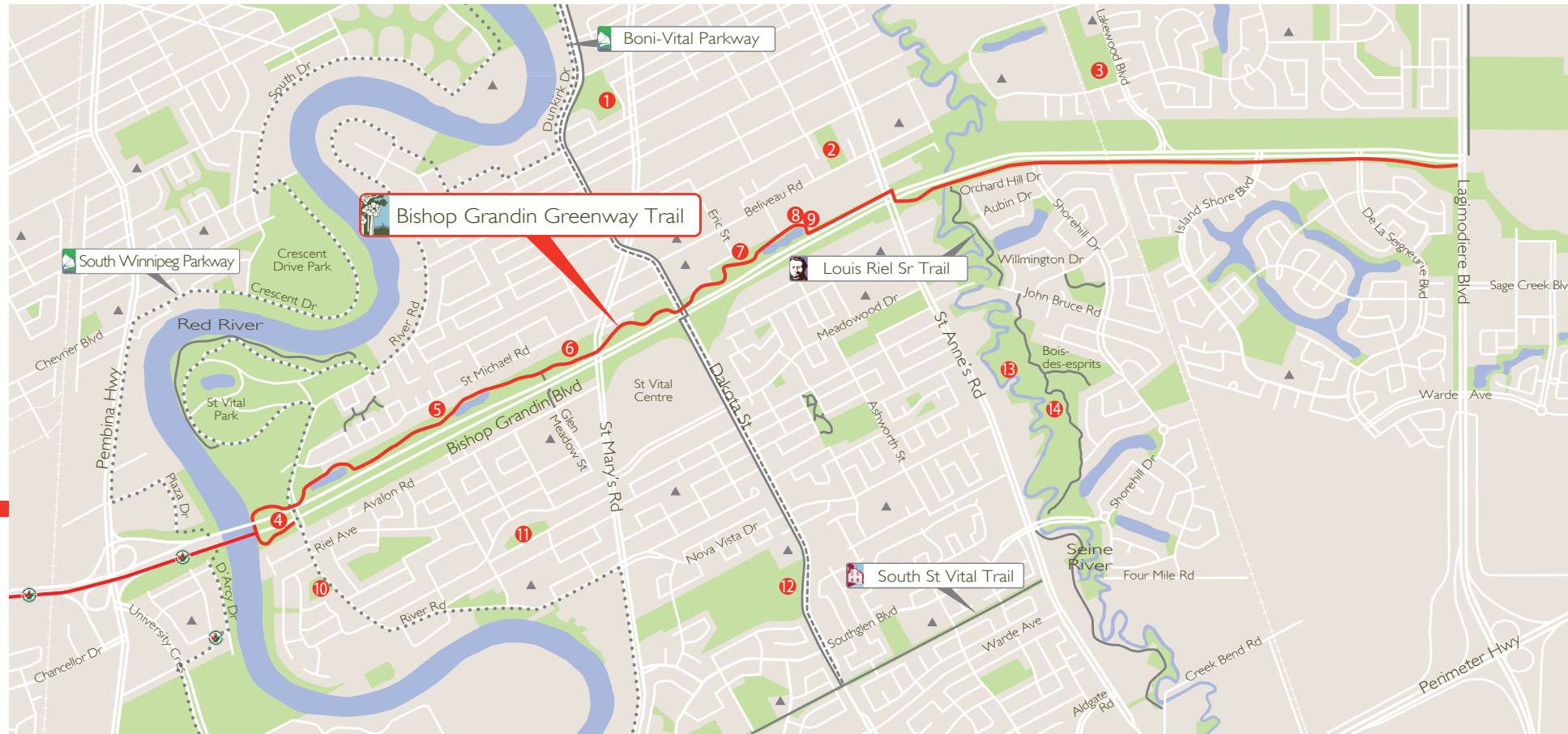
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Manitoba 



BISHOP GRANDIN GREENWAY (6.1 KM)

LEGEND	POINTS OF INTEREST
Trail Route (asphalt route)	1 Norberry Glenlee Community Club
Other Trails	2 Glenlee Community Club
On Road Bikeway	3 Southdale Community Club
Winnipeg Riverbank Parkway	4 Fort Gary Bridge Park
Trans Canada Trail	5 Butterfly Gardens
Park / Open Space	6 Fruit Orchard
Schools	7 Community Gardens
	8 Landmark—Public Art Installation
	9 Eco-Education Site
	10 Riel House
	11 Grendell Community Club
	12 Dakota Community Club
	13 Woody—giant carved elm tree
	14 Bois-des-Esprits